

## Public Service Announcement Sexual and Reproductive Health Awareness Day

Start Date: February 8, 2013 End Date: February 12, 2013

Iqaluit, NU 45 sec

February 12 is Sexual and Reproductive Health Awareness Day in Canada.

Nunavut has the highest rates of chlamydia and gonorrhea in Canada. While these sexually transmitted infections often have no symptoms, they can sometimes cause problems years later, such as infertility or chronic pain if they are not treated.

Dr. Maureen Baikie, Chief Medical Officer of Health, encourages Nunavummiut to improve their sexual health by talking to their partners about sexual and reproductive health. Safer sex includes using condoms, which are free at all health centres.

Women can book 'well-woman' appointments at their health centre, or at Public Health in Iqaluit. Health centres provide simple and confidential testing for sexually transmitted infections – get tested and stay healthy.

Please go to your health centre or the Department of Health and Social Services website: <a href="www.irespectmyself.ca">www.irespectmyself.ca</a> for more information on sexual and reproductive health.

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